

Friday, September 8, 2023

Dance Entropy's Somatic Healing Group Begins Soon, Register Today!

Company: Dance Entropy

Location: Queens, NY

Compensation: Not a paid opportunity

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GREEN SPACE
INCUBATOR OF DANCE IN QUEENS

CULTIVATE PHYSICAL, EMOTIONAL & MENTAL GROWTH
Using Movement, Expressive Work & Group Dynamics

"Valerie's Group opened up doors of my Self that I didn't know I had even closed off. I felt safe and supported exploring the depths of my fears"

"This experience has been absolutely profound. I was able to embody my emotions far more vividly than any other healing modality I have experienced. Val has skills and instincts that are humbling. She always challenges you to go deeper and explore more in a safe inviting container."

10 Sessions, every other week
Group Capacity: 12 participants
~Fall & Spring Groups~

Facilitator: Valerie Green
Certified Core Energetics Practitioner

Green Space
37-24 24th Street #211
Long Island City, NY 11101
718-9563-3-37

DanceEntropy.org
GreenSpaceStudio.org

Are you looking to find insight awareness & courage to break and move past old patterns that no longer serve you?

Our first session of Somatic Healing Group is on September 27th! Register today to be part of a 10 session healing group where participants will find ways of supporting the unique needs of each member, while also learning to more effectively relate to others.

Learn more here: <https://www.danceentropy.org/somatic-healing-group>

"Valerie Green Led Us Through On A Journey, Sometimes Heartbreaking, Eye Opening, Stretching Ourselves And Unleashing Physical And Mental Energy To Release Wounds, Varying In Dramatic Tenor From Highs To Lows To Mid-Level Emotions."

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