

Friday, January 26, 2024

(BPOC, LGBTQ+) Scholarships for SOMATIC HEALING GROUP

Company: Dance Entropy/Green Space
Location: Long Island City, NY
Compensation: Not a paid opportunity

► [Share](#) | [Print](#) | [Download](#)



Somatic Healing Group, (February - June)

Cultivate Physical, Emotional, And Mental Growth
Using Movement, Expressive Work, And Group Dynamics!

We are offering a limited number of scholarship opportunities to community members in need!

In this facilitated group, we find ways of supporting the unique needs of each member, while also learning to more effectively relate to others. We learn to be seen for who we really are – and to others as they are. We find healing where before we may have felt pain or disconnection from the self. We find insight, awareness and courage to break and move past old patterns that no longer serve us. The sessions utilize Core Energetics, an approach that engages group members through body, dialogue and awareness. Group sessions include shared movement and expressive work and opportunities for members to process individual issues and struggles they want support in working through. This group provides a safe and therapeutic environment, where you can express your feelings, take risks, connect to others and further your emotional growth process.

This group will help with: PTSD, Abuse, Relationships, Anger, Body Image, Shame, Anxiety, Depression, Self Esteem, Injury, Addiction, Personal Growth, Life Transitions

Learn more here: <https://www.danceentropy.org/somatic-healing-group>

10 Sessions, every other week Group Capacity: 12 participants

Tuesdays 7pm-9pm

2/13, 2/27, 3/12, 3/26, 4/9, 4/23, 5/7, 5/21, 6/4, 6/18

*Attendance of a minimum of 8 sessions is required

Facilitator: Valerie Green Certified Core Energetics Practitioner

IF YOU ARE INTERESTED IN THE PROGRAM PLEASE EMAIL INFO@DANCEENTROPY.ORG

(please check web page for full info, program dates and ability to commit before inquiring, plus fill out the form link)

Dance Entropy/Green Space
3724 24th St, Green Space
Long Island City, NY, 11101
7189533037
[danceentropy.org](https://www.danceentropy.org)

For more information:
Valerie Green
VGreen@DanceEntropy.org
7189563037

[< back](#)

[previous listing](#) • [next listing](#)