

Wednesday, January 17, 2024

The Kennedy Dancers: FREE Dance Program (Creative Aging)

Company: The Kennedy Dancers Inc.
Location: Jersey City, NJ
Compensation: FREE

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Are you 55 and above, passionate about dance, or simply love to move to the beat? Join our FREE Creative Aging Program - a dance haven tailored just for you!

No Registration Required! Come, Dance, and Be Free!

Classes Schedule:

Yoga: Mondays, 12:30 PM - 1:15 PM

Basic Ballet Barre: Tuesdays, 12:30 PM - 1:15 PM

Zumba: Wednesdays, 12:30 PM - 1:15 PM

Creative Contemporary: Thursdays, 12:30 PM - 1:15 PM

Basic Beginner Ballet Technique: Thursdays, 6:30 PM - 7:30 PM

Acting for Musical Theater: Fridays, 6:30 PM - 7:30 PM

Basic Latin Medley: Fridays, 6:30 PM - 7:30 PM

Age is just a number - Let's dance through the golden years! Pass this information along!

For more information, contact us:

The Kennedy Dancers, Inc.
79 Central Avenue
Jersey City, NJ 07306
(201) 659-2190
Kennedydancers@aol.com
<http://kennedydancers.org/>

The Kennedy Dancers Inc.
79 Central Avenue
Jersey City, NJ, 07306
201-659-2190
<https://kennedydancers.org/>

For more information:
Diane Dragone
kennedydancers@aol.com
201-659-2190

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