

Saturday, July 6, 2024

Dynamic Group Fitness Instructor (Williamsburg)

Company: Studio Pilates Williamsburg

Location: Brooklyn, NY

Compensation: \$25 - \$45 (plus bonus opportunities)

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About Us: Studio Pilates Williamsburg is the go-to destination for a transformative workout experience. Our 40-minute intense reformer Pilates sessions are crafted to revolutionize your body, incorporating cutting-edge technology, personalized attention, dynamic music, and a luxurious atmosphere. Already a beloved fitness regime in neighborhoods like Park Slope, Cobble Hill, and Prospect Heights, we are thrilled to bring our unique offering to Williamsburg!

Do you have a passion for Pilates or fitness? Are you inspired to motivate and help clients achieve their fitness goals? Are you looking to work for an international boutique brand that has re-energized the way Pilates / fitness workouts are taught? Are you proactive and energetic? If you ticked all of these boxes, this job is for you!

Studio Pilates utilizes its innovative audio-visual technology, where workouts are displayed on TV screens, enabling instructors to concentrate on correcting clients' form instead of demonstrating exercises. This approach significantly enhances the client experience by ensuring personalized guidance and effective form correction throughout the session.

Start Date: ASAP for self-paced training. Must be available in-person sessions Sep 16 to 20, 2024 (In Person Training Component) and Sep 21 to 29, 2024 (Mentoring).

THE COMPANY

Studio Pilates International is Pilates reimagined, offering a new era of workouts that are vibrant, results-driven, and totally addictive. We are a global company, with franchises across Australia, New Zealand, Asia, the UK, and the USA. Our beautiful brand-new Studio Pilates studio in Williamsburg, Brooklyn is seeking experienced fitness professionals to join its team. This is an incredible opportunity to be part of a brand-new studio and help clients achieve their fitness goals.

ABOUT THE ROLE

As a Studio Pilates Platinum Instructor, you will:

- Possess a genuine passion for Pilates.
- Ideally have prior Pilates teaching and fitness experience (a plus but not required).
- Be energetic and motivated to teach an incredible class every time.
- Be people-oriented and confident to connect with clients.
- Be reliable and a great team player.
- Be available to instruct regular Studio Pilates classes.
- Attend team professional development sessions, social events, and gatherings.
- Promote Studio Pilates and your services as an instructor.
- Ensure the studio maintains a welcoming manner and is tidy at all times—some vacuuming and light cleaning per shift.
- Be client-focused - read client charts prior to instructing and update client charts post class.
- Wear the Studio Pilates uniform according to uniform guidelines.
- Adhere to the Studio Pilates code of conduct. Demonstrate the Studio Pilates Way at all times.

WHY BECOME AN INSTRUCTOR WITH STUDIO PILATES?

We're motivated to find the RIGHT person for our team. As a Platinum Instructor working for Studio Pilates, you'll enjoy:

A competitive hourly rate.

- Class bonus incentives to earn additional money.
- Free Pilates classes at Studio Pilates Williamsburg.
- A supportive and fun work environment.
- Regular staff and team-building events.
- Ongoing professional development.
- Instructing is incredibly rewarding—you're helping change people's lives daily, live pain-free, and achieve their fitness goals.
- No more sitting at a desk all day! As a Pilates Instructor, your day is incredibly active, moving around a room to help your clients.
- Work at a job that helps you prioritize your physical health and wellness.
- Flexible work hours—part-time and full-time options available.
- Join the growing demand and popularity of Pilates.
- Growth potential.
- Be SP Platinum certified to instruct at ANY Studio Pilates studio around the world!

CERTIFICATION REQUIREMENTS

There are two courses you need to complete to become a Studio Pilates Instructor:

Anatomy Course: The Anatomy Course provides the prerequisite knowledge to move into your Platinum Certification. In the Anatomy Course, you learn all about the body's bones, joints, and muscles, which is important for understanding exercise biomechanics and injury rehabilitation after you graduate. This course must be completed before the Platinum Course.*Some previous education may allow for skipping—personal trainers, physical therapists, etc.

Platinum Instructor Training: Through our world-class Studio Pilates Platinum Instructor Training, you will become Pilates certified and you will be taught skills that will set you apart from other instructors. You'll receive access to Studio Pilates' most exclusive and comprehensive training resources and benefit from the face-to-face course, which will consolidate your knowledge and help you practice your instruction in a practical environment. The Platinum Instructor Training aims to empower Studio Pilates instructors with the knowledge and skills to become the world's most elite and qualified Pilates Instructors. PLEASE NOTE: the face-to-face component of the Platinum Instructor Training will be 5 days (Sep 16 to 20, 2024). The student then completes mentoring in a "live studio environment" immediately following the course. You must be available for the training and allocated mentoring shifts.

WHY THIS COURSE?

Transform yourself into a world-class reformer Pilates instructor.

Learn how to instruct a Studio Pilates Platinum class and gain the prerequisite certification to instruct in a Studio Pilates studio around the world!

Practice teaching and cueing in a practical environment.

Receive personalized instructing feedback every single step of the way.

Learn over 150 Joseph Pilates, reformer-based exercises.

Ongoing career opportunities and job notifications—as a Studio Pilates International trainee and graduate of our Platinum Instructor Training Program, you'll be the first to receive notification of instructing positions that become available in any Studio Pilates International Studio.

BENEFITS

- A competitive hourly rate.
- A bonus structure that will allow you to earn more money.
- Ongoing career opportunities within the Studio Pilates International network (once a qualified Studio Pilates - - International Platinum Instructor, you can work at any Studio Pilates around the world!).
- Free Pilates classes at Studio Pilates Williamsburg.
- A supportive and fun work environment.
- Regular staff team-building events.

At Studio Pilates, we pride ourselves on creating an awesome culture where our employees love to come to work, do a job they're passionate about, and get paid to do it! "The dream job!"

Check out the videos to learn more:

See what our clients have to say about our best-friend studio at Park Slope / South Slope <https://g.co/kgs/PrXPu9s>

Welcome to Studio Pilates International <https://www.youtube.com/watch?v=UpWTJdJIEwc>

Studio Pilates Instructor Training <https://www.youtube.com/watch?v=OASXSJnVn14&t=48s>

See what a Studio Pilates class is all about! <https://www.youtube.com/watch?v=QHJujgZiQxE>

Meet a Studio Pilates Client <https://www.youtube.com/watch?v=2bHvKFeOgH8>

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