

Tuesday, July 2, 2024

Pilates Instructor- Reformer

Company: Marisa Fuller
Compensation: \$30

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Job Title: Pilates Instructor- Reformer

Do you have a passion for Pilates? Are you inspired to motivate and help clients achieve their fitness goals? Are you looking to work for an international boutique brand that has re-energized the way reformer Pilates is taught? Are you proactive and energetic? If you checked all these boxes, then this job is for you!

WHY STUDIO PILATES?

Studio Pilates is reformer Pilates reimagined, offering a new era of vibrant, results-driven, and totally addictive workouts. We're a global company with locations in the U.S., Australia, New Zealand, and Asia.

The top performing studio in the entire Studio Pilates network- Studio Pilates South Slope and our new studio- Studio Pilates Cobble Hill- are seeking experienced fitness professionals to join its team and become a Studio Pilates Platinum Instructor! Our team is our most important asset in helping us have a fun, social workplace.

Check out what a Studio Pilates Class is like:

<https://www.youtube.com/watch?v=QHJujgZiQxE>

ABOUT THE ROLE

The role of Platinum Instructor includes, but is not limited to:

- ? Genuine passion for Pilates
- ? Prior Pilates teaching and fitness experience is a plus but not required
- ? Energetic and motivated to teach an incredible class every time
- ? People-oriented and confident to connect with clients
- ? Reliable and a great team player
- ? Instructing regular Studio Pilates classes
- ? Attend team professional development sessions, social events and gatherings
- ? Promoting Studio Pilates and your services as an instructor
- ? Ensuring your studio maintains a welcoming manner and is tidy at all times—some vacuuming and light cleaning per shift
- ? Reading client charts prior to instructing & updating client charts post class
- ? Wearing the Studio Pilates uniform according to uniform guidelines
- ? Adherence to the Studio Pilates code of conduct
- ? Engage in the marketing activities and collaborate with new ideas—team player
- ? Flexibility to work at both locations: 577 4th Avenue & 262 Pacific Street in Brooklyn, NY

WHY BECOME AN INSTRUCTOR?

We're motivated to find the RIGHT person for our team. As a Platinum Instructor working for Studio Pilates, you'll enjoy:

- ? A competitive hourly rate
- ? Class bonus incentives to earn additional money

- ? Free Pilates classes at Studio Pilates South Slope & Cobble Hill
- ? A supportive and fun work environment
- ? Regular staff and team-building events
- ? Ongoing professional development
- ? Instructing is incredibly rewarding—you're helping change people's lives daily, live pain-free, and achieve their fitness goals
- ? Becoming an instructor gives you a greater understanding of what you're doing in class and allows you to perfect your technique
- ? No more sitting at a desk all day! As a Pilates instructor, your day is incredibly active, moving around a room to help your clients
- ? Work at a job that helps you prioritize your physical health and wellness
- ? Flexible work hours—part-time and full-time options available
- ? Join the growing demand and popularity of Pilates
- ? Growth potential

CERTIFICATION NEEDED

You're required to complete two courses to become a Studio Pilates instructor.

Anatomy Course: (80 hours online)

The Anatomy Course provides the prerequisite knowledge to move into your Platinum Certification. In the Anatomy Course, you learn all about the body's bones, joints, and muscles, which is important for understanding exercise biomechanics and injury rehabilitation after you graduate. This course must be completed before the Platinum Course.

*Some previous education may allow for skipping—personal trainers, physical therapists, etc.

Platinum Instructor Training: SEPTEMBER 26- OCTOBER 1 IN THE STUDIO

You'll receive access to Studio Pilates' most exclusive and comprehensive training resources and benefit from the face-to-face course, which will consolidate your knowledge and help you practice your instruction in a practical environment. The Platinum instructor training aims to empower Studio Pilates instructors with the knowledge and skills to become the world's most elite and qualified Pilates instructors.

You can not miss this portion of the training

ENROLLMENT ENDS

For people who need Anatomy: July 26, 2024

For people who don't need Anatomy: August 26, 2024

WE HAVE TWO SCHOLARSHIPS (DISCOUNTED RATE FOR THE COURSE) AVAILABLE!!!

WHY THIS COURSE?

Transform yourself into a world-class reformer instructor

Learn how to instruct a Studio Pilates Platinum class and gain the prerequisite certification to instruct in a Studio Pilates studio!

Practice teaching and cueing in a practical environment

Receive personalized instructing feedback every single step of the way

Learn over 150 Joseph Pilates, reformer-based-exercise

Ongoing career opportunities and job notifications—as a Studio Pilates International trainee and graduate our Platinum Instructor Training Program, you'll be the first to receive notification of instructing positions that become available in any company-owned or franchised studio

Platinum Student Testimonial:

"Amazing! You will learn so much, gain confidence, get constructive criticism AND support at the same time. Wonderful people and fantastic instructors. I recommend it to ANYONE!!!"

- Allie

At Studio Pilates, we pride ourselves on creating an awesome culture where our employees love to come to work, do a job they're passionate about, and get paid to do it!

"The dream job!"

Job Types: Full-time, Part-time, Seasonal

Pay: Starts at \$30, prior reformer Pilates experience base is negotiable, plus bonus head count per class.

Expected hours: 5 – 30 per week

Benefits:

Employee discount

Flexible schedule

Free fitness classes

Opportunities for advancement

Paid sick time

401k

Professional development assistance

Schedule:

4 hour shift

Day shift

Evening shift

Monday to Friday

Morning shift

Weekends only

Supplemental pay types:

Bonus opportunities

Performance bonus

Job Type: Part-time

Pay: From \$30.00 per hour

Expected hours: No less than 5 per week

Benefits:

401(k)

Continuing education credits

Free fitness classes

Paid sick time

Schedule:

4 hour shift

8 hour shift

Day shift

Evening shift

Holidays

Morning shift

Rotating weekends

Supplemental pay types:

Bonus opportunities

Performance bonus

Work Location: In person

Marisa Fuller

<https://www.studiopilates.com/studios/south-slope/>

For more information:

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