

Thursday, September 12, 2024

## (BIPOC, LGBTQ+) Scholarships for SOMATIC HEALING GROUP

Company: Green Space  
Location: Long Island City, NY  
Compensation: N/A

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Somatic Healing Group - Sept. 2024 - Feb. 2025

Limited scholarships available for BIPOC and LGBTQ+.

Please check the website for full information and confirm ability to commit to the program: <https://www.danceentropy.org/somatic-healing-group>

To apply for the scholarship, please fill out the application form at [https://docs.google.com/forms/d/e/1FAIpQLScSL\\_dMUdtIKbFTYbmRiuVo78q4eOEubd7fyzmoEfOZ6YWFRA/viewform?c=0&flr=0&vc=0&w=1](https://docs.google.com/forms/d/e/1FAIpQLScSL_dMUdtIKbFTYbmRiuVo78q4eOEubd7fyzmoEfOZ6YWFRA/viewform?c=0&flr=0&vc=0&w=1) (no payment needed), then email [INFO@DANCEENTROPY.ORG](mailto:INFO@DANCEENTROPY.ORG) to confirm by **SEPTEMBER 16th**.

Cultivate Physical, Emotional, And Mental Growth Using Movement, Expressive Work, And Group Dynamics!

In this facilitated group, we find ways of supporting the unique needs of each member, while also learning to more effectively relate to others. We learn to be seen for who we really are – and to others as they are. We find healing where before we may have felt pain or disconnection from the self. We find insight, awareness and courage to break and move past old patterns that no longer serve us. The sessions utilize Core Energetics, an approach that engages group members through body, dialogue and awareness. Group sessions include shared movement and expressive work and opportunities for members to process individual issues and struggles they want support in working through. This group provides a safe and therapeutic environment, where you can express your feelings, take risks, connect to others and further your emotional growth process.

This group will help with: PTSD, Abuse, Relationships, Anger, Body Image, Shame, Anxiety, Depression, Self Esteem, Injury, Addiction, Personal Growth, Life Transitions

To learn more visit: <https://www.danceentropy.org/somatic-healing-group>

10 Sessions, every other week

Tuesdays 7pm-9pm

2/13, 2/27, 3/12. 3/26, 4/9, 4/23, 5/7, 5/21, 6/4, 6/18

\*Attendance of a minimum of 8 sessions is required

Facilitator: Valerie Green, Certified Core Energetics Practitioner

Green Space  
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For more information:  
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[< back](#)

[previous listing](#) • [next listing](#)