

Tuesday, January 7, 2025

New Book: "Teaching and Learning Dance Through Meaningful Gestures" by Anabella Lenzu

Company: Anabella Lenzu/DanceDrama
Compensation: 75

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Teaching and Learning Dance Through Meaningful Gestures is the fruition of Anabella Lenzu's 35 years as a dance teacher, scholar, and pedagogue across 3 continents.

Teaching and Learning Dance Through Meaningful Gestures explores how technique is a philosophy and a theory, and how the body is an instrument for expression.

As a 200-page book containing 250 images and 50 illustrations, Teaching and Learning Dance Through Meaningful Gestures is exceptional in its scope and hopes to inspire and enlighten dancers, dance educators, and the arts community alike.

<https://www.anabellalenzu.com/meaningful-gestures>

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