

Monday, May 5, 2025

Filled! Pilates APPARATUS instructor

Company: Mind Your Body
Location: New York, NY
Compensation: \$38 - \$55

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Dana Auriemma

Mind Your Body studios is seeking one Pilates instructor to work Sats., and Tues. & Thurs., with some flexibility and opportunities to sub for other instructors.

The studio celebrated 30 years this year and has been On the Upper East Side since 1995. The UES is a family neighborhood with a committed clientele, who have become and created our Pilates family. The staff is also a community unto itself and has created a positive, thriving work environment.

The best candidate is someone who has some teaching experience and is comfortable with all levels, can teach a small group apparatus class at an Intermediate level and who is also comfortable teaching one on one lessons to many levels, utilizing the Pilates method to create progression, healing and also a good workout.

We are looking for one who can work Sats., 9 - 2; Tues. & Thurs. 3 - 8, with room to grow or sub for other shifts.

Please send your resume and a cover letter. We look forward to meeting you! Immediate position available!

Mind Your Body
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New York, NY, 10128
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[< back](#)

[previous listing](#) • [next listing](#)