

Wednesday, May 21, 2025

Pilates for Performers Training Program

Company: Pilates for Performers
Location: New York, NY
Compensation: N/A

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This accelerated, reduced-cost training program is specially designed by and for professional dancers! We know the power of Pilates! Not only does the practice support strength, stamina, and flexibility - but as a certified trainer, you will also have access to new work opportunities! We want to revitalize the NYC professional performance community by offering an easier path to these opportunities. Your preexisting knowledge puts you at a great advantage and lets us train you as fast as possible!

We are currently planning our Fall 2025 cohort, and would love to share more information with interested individuals!

Visit our website or Instagram for more information!

www.pilatesartistsunited.org

www.instagram.com/pilates.for.performers

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