

Tuesday, September 30, 2025

Boston Dance Theater Trainee Program 2026

Company: Boston Dance Theater

Location: Medford, MA

Compensation: Visit: <https://www.bostondancetheater.com/trainee-program>

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Liliana Price

OPEN CALL: Boston Dance Theater Trainee Program

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January 20 – November 20, 2026

Train professionally. Create rigorously. Take the next step toward your career in the arts.

ABOUT

The Boston Dance Theater Trainee Program bridges the gap between a dancer's formative training and professional or collegiate pursuits. BDT's philosophy and process stretch the self-imposed limits of developing artists—physically and mentally—as performers and co-creators, emboldening them to fearlessly take their place in the 21st-century dance landscape.

PROGRAM

The Trainee Program is a full-time, 11-month educational experience designed for pre-professional dancers ages 17–24 who aspire to join a professional company or take a gap year between high school/college and entering the professional world.

Trainees:

- Train daily with BDT's main company
- Rehearse, perform, and create alongside Core Members
- Understudy company members in commissioned works
- Perform across New England venues and festivals
- Receive 1:1 mentorship with Co-Artistic Director Jessie Jeanne Stinnett
- Graduate with a polished audition package tailored to their artistic voice

Since its founding in 2018, BDT trainees have performed at:

The Institute of Contemporary Art Boston, Starlight Theater, Salem Arts Festival, Goethe-Institut Boston, Newport Dance Festival, and more.

ELIGIBILITY

Applicants must be 17+ at the time of audition

High school diploma or equivalent required before program start

APPLY

Program Dates: January 20 – November 20, 2026

? Location: Boston, MA

For application details, contact:

Sean Pfeiffer, Program Administrator — sean@bostondancetheater.com

? Ready to take your next step? Apply now to join Boston Dance Theater's 2026 Trainee Cohort.

Boston Dance Theater
64 Hillsdale Rd Boston Dance Theater
Medford, MA, 02155
<https://www.bostondancetheater.com/trainee-program>

For more information:
Sean
sean@bostondancetheater.com

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