

Friday, September 5, 2025

barre3, Group Fitness Instructor

Company: barre3 West Village

Location: New York, NY

Compensation: 50+

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Position Summary:

As a barre3 West Village Instructor, you are responsible for teaching and leading a remarkable barre3 class and overall experience. You exude warmth and hospitality is always top of mind. You are a strong communicator of the barre3 brand and barre3 values. You foster a strong sense of community in your barre3 classes with clients and also with your barre3 West Village teammates. We're looking for strong, dynamic, inspiring, and musical movers who are great communicators, team players, and can really command a room. Familiarity with barre3 classes is a plus!

Key Job Responsibilities:

- Teach a minimum of 4 barre3 classes per week, using the current standard and guidelines provided by barre3. We are currently focused on early AM (required), midday, and/or weekend availability
- Builds strong relationships with barre3 clients before, during, and after class as well as creates a warm and supportive studio environment.
- Communicates the barre3 brand and core values through thoughtful cueing.
- Attends quarterly meetings/trainings and is self-motivated in assessing and improving performance as an instructor.

Please note, this position requires you to be consistently based in NYC.

ABOUT BARRE3

Barre3 is a fitness company building communities based on body positivity and inclusivity—and this starts with the workplace.

OUR COMMITMENT TO DIVERSITY, EQUITY, AND INCLUSION

Community is at the core of barre3, and we believe that a culture of wellbeing can only thrive when we collectively embrace diversity and inclusion across all races, genders, gender identities, sexual orientations, ages, cultures, religions, abilities, bodies, socio-economic statuses, and experiences. We acknowledge there is more we can do to create an environment in which all people are seen, all voices are valued, and all individuals are treated with compassion, respect, and dignity. We commit to do the work.

Requirements

Interested candidates should plan to attend an info session on Sunday, October 5. Apply at this link:

<https://apply.workable.com/barre3/j/D8E89A72BD/>

Qualified candidates will receive details on our info session and be invited for instructor auditions. In the audition, we will ask you to learn simple class choreography to then teach. We will be evaluating leadership qualities, strong body awareness, and musicality. Candidates who pass the audition will be invited to our barre3 New Instructor Training Program, consisting of 4-6 weeks of side-by-side education and teaching with a Studio Mentor and a 2-day intensive training.

Benefits:

- Competitive compensation
- Complimentary studio membership for you and a family member
- 40% off barre3 retail products
- Mission-driven and values-oriented company

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