

Tuesday, December 23, 2025

## BodyStories 2026 Winter Intensive

Company: BodyStories: Teresa Fellion Dance  
Compensation: \$100

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Postcard by Natalia Sanchez

Looking to warm up this winter? BodyStories: Teresa Fellion Dance invites you to join their 2026 Winter Intensive happening in two exciting sessions: one at Mark Morris Dance Center in NYC, and one at Middlebrook Arts Research and Residency Center in Upstate NY, also with virtual options! Within both sessions, dancers will take part in improvisation, technique, and composition classes all taught by Teresa Fellion, BodyStories' company members, and guest artists. Time is running out, reserve your spot now!

### Session I

Tues Jan 13 + Thurs Jan 15, 2026

10 am - 2 pm

Mark Morris Dance Center, NYC

Full Session, \$100

One Day, \$60

### Session II

Sat Jan 17 - Sun Jan 18, 2026 (arrival Friday evening, Jan 16)

MAR+RC, Middlebrook Arts Center, Upstate NY

Full Session, In-Person, \$225

Full Session, Virtual, \$180

Drop-In Class, \$20

Housing Fee (if needed), \$40 per night

Register Here! <https://airtable.com/apphLo5QFCgzAakYL/pagBqOZ9PdB50jxM6/form>

We believe in the power of inclusive dance. Financial assistance and scholarships are available as needed to ensure everyone can join us.

BodyStories: Teresa Fellion Dance

For more information:  
Teresa Fellion  
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