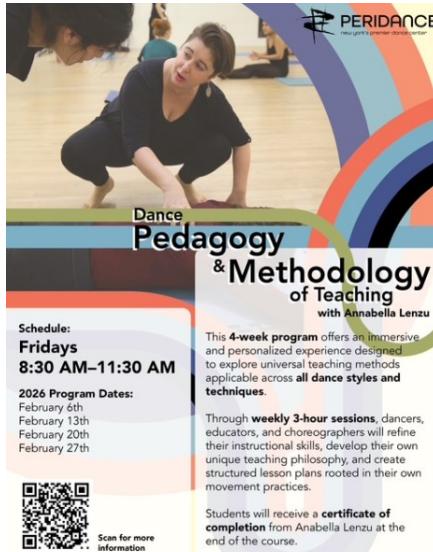


Saturday, January 10, 2026

## Dance Pedagogy & Methodology of Teaching by Anabella Lenzu

Company: Peridance Center  
Location: New York, NY  
Compensation: .

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Dance Pedagogy & Methodology of Teaching  
by Anabella Lenzu

<https://www.peridance.com/dance-pedagogy>

A 1-month dynamic and comprehensive course for dancers, educators, and choreographers seeking to deepen their teaching practice and develop a personalized, effective, and inclusive pedagogical approach.

This 5-week program offers an immersive experience designed to explore universal teaching methodologies applicable across all dance styles and techniques. Through weekly 3-hour sessions, participants will refine their instructional skills, articulate a unique teaching philosophy, and create structured lesson plans and curricula rooted in their own movement practices.

?WINTER 2026 | 1-MONTH COURSE (February 2026) / LOCATION: PERIDANCE CENTER, NYC  
FACULTY: ANABELLA LENZU

Dates: Fridays 8:30am-11:30am

Friday, February 6th

Friday, February 13th

Friday, February 20th

Friday, February 27th

Peridance Center  
126 13th Street  
New York, NY, 10003  
<https://www.peridance.com/dance-pedagogy>

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