Wednesday, December 31, 1969 - Thursday, May 7, 2020

$15 Umfundalai African Dance Open Classes

Company: Dance Theatre of Harlem
Venue: Dance Theatre of Harlem- Everett Center for the Performing Arts
Location: New York, NY



Welcome to Umfundalai (ma-foon-da-la), a Kiswahili word meaning, "essential". This contemporary Pan-African dance technique draws from movements and traditions of the African Diaspora. The technique espouses a holistic view of the body and the arts including theater, drumming, song, masquerade and vocalization. The codified technique of Umfundalai stands on the shoulders of the Katherine Dunham and Pearl Primus techniques, it is great cardio and history all in one class! All levels welcome!

Instructor: Erin Bryce Holmes, M.S., LCAT, BC-DMT

Dance Theatre of Harlem
466 West 152nd Street
New York, NY, 10031
2126902800
https://dancetheatreofharlem.networkforgood.com/events/15199-adult-open-classes-umfundalai-african-dance-with-erin-bryce-holmes

Schedule
January 2, 2020: 7:30pm
January 9, 2020: 7:30pm
January 16, 2020: 7:30pm
January 30, 2020: 7:30pm
February 6, 2020: 7:30pm
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