

January 21 - March 25, 2017

\$5 Ballet w/ Andrew Champlin

Company: Brooklyn Studios for Dance
Venue: Brooklyn Studios for Dance
Location: Brooklyn, NY

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Saturdays 11am - 12:30pm Jan. 21 thru Mar 25
\$5

This class advances ideas of shape, alignment and movement systems of classical ballet pedagogy. Starting with everyone's unique body structure, practitioners analyze the cause and effect of shifting weight in space with a focus on musicality and techniques of arrival in space. Building knowledge of functional movement through focused observation, application and discourse as a group, we will work toward answering questions of time organization, efficiency, strength and injury prevention. Continual practice will help practitioners establish a relationship to ballet as a method of research, which can be advanced upon and utilized in a spectrum of contemporary dance languages. All levels welcome.

Brooklyn Studios for Dance
210 Lafayette Avenue
Brooklyn, NY, 11238
<http://Bksd.org>

Schedule
January 21, 2017: 11:00am

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