

November 4 - December 16, 2025

## AFRO POP Dance Class in the Heights

Company: SYAKAD ARTS

Venue: Northern Manhattan Arts Alliance {NOMAA} Studio

Location: New York, NY

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SYAKAD ARTS

Afro-Pop Dance at NOMAA Studio

Price:

Drop-in \$22 Pay-as-you-go

5-Class Pack \$85 / \$17 per class

Every Tuesday&Thursday from  
6:30-8 pm

Class details

Adults / All-Levels class

Class Focus

A high-energy Afro Pop session blending Afrobeats, hip-hop, and urban African street styles.

Expect full-body movement, musicality, and powerful grooves that celebrate contemporary African dance culture.

What to Expect in Each 90-Minute Class

Warm-Up & Conditioning (15 min) – Dynamic stretches and cardio to set the rhythm.

Foundations & Technique (15 min) – Core Afro Pop steps, isolations, and groove drills.

Choreography (40 min) – Learn a longer routine with layered rhythms and expressive style.

Freestyle & Cypher (10 min) – Explore your own creativity in a supportive circle.

Cool-Down & Reflection (10 min) – Stretch, breathe, and recap key moves.

Music

Afrobeats (West Africa)

Modern Nigerian and Ghanaian pop with layered percussion and catchy hooks.

Afro-Pop / Afro-Fusion

A blend of Afrobeats with R&B, pop, and hip-hop elements.

Amapiano (South Africa)

Deep house and jazz influences, smooth yet danceable.

Afro-House / Kuduro / Coupe-Decalé

High-tempo club sounds from Angola, Ivory Coast, and beyond

#### What to Bring

Comfortable sneakers or dance shoes with good support

Breathable workout clothes

Water bottle and small towel

#### Who's It For

All levels welcome! Perfect for anyone who loves Afrobeats music, wants an energetic workout, or wishes to sharpen their dance skills in a fun, cultural atmosphere.

For more information, Please Visit Us at: <https://syakadarts.my.canva.site/page-6>

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SYAKAD ARTS  
4140 Broadway  
New York, NY, 10033  
<http://Walk in>

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Schedule  
November 4, 2025: 6:30pm  
November 11, 2025: 6:30pm  
November 18, 2025: 6:30pm  
November 25, 2025: 6:30pm  
December 2, 2025: 6:30pm  
[more](#)

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[< back](#)

[previous listing](#) • [next listing](#)