

Sunday, October 15, 2023 - Sunday, May 5, 2024

## Access Workshops for Teens and Adults

Company: New York City Ballet  
Venue: New York City Ballet Rehearsal Studios  
Location: New York, NY

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Rosalie O'Connor

EXPERIENCE THE DYNAMIC REPERTORY OF NEW YORK CITY BALLET IN THESE MOVEMENT WORKSHOPS DESIGNED ESPECIALLY FOR TEENS AND ADULTS WITH PHYSICAL DISABILITIES AND MOVEMENT DISORDERS.

These 75-minute movement workshops include a ballet warm-up and choreography inspired by some of the ballets being performed this season and close with a brief Q&A with the NYCB Dancers leading the event. Modifications, including standing and seated movement options, will be offered throughout the event. No prior dance experience is necessary.

### TICKET PRICING

\$10 per participant. Please note that accompanying family members/caretakers do not need a ticket to attend.

New York City Ballet  
Samuel B. & David Rose Building, 7th Floor 165 West 65th Street  
between Broadway and Amsterdam  
New York, NY, 10023  
2124960600  
<https://www.nycballet.com/educate/access-programs/access-workshops-for-teens-and-adults/>

Schedule  
October 15, 2023: 12:00pm  
February 11, 2024: 12:00pm  
May 5, 2024: 12:00pm

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