

OUR NEW YORK CITY DANCE

Saturday, April 5, 2025

Adolescent Dancer Health (virtual)

Company: ZOOM through Harkness Center for Dance Injuries Venue: ZOOM through Harkness Center for Dance Injuries

Location: New York, NY

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Harkness Center for Dance Injuries

April 5: Adolescent

A VIRTUAL Saturday Series Workshop for the Dance

Harkness Center assistant director and athletic trainer, Alison Deleget, MS, ATC, will review physiological and psychological health considerations in the adolescent disnoer; identify common injuries and unique risk factors in this population; and discuss effective strategies to repolify risk and rement these logicies. John sour ZODM on Saturday April 5, 2025.

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In this virtual, live workshop for parents, dance educators, and administrators, we will review physiological and psychological health considerations in the adolescent dancer; identify common injuries and unique risk factors in this population; and discuss effective strategies to modify risk and prevent these injuries.

ZOOM through Harkness Center for Dance Injuries 614 2nd Ave. 2G New York, NY, 10016 2125986054 https://www.eventbrite.com/e/virtual-harkness-center-saturdayseries-adolescent-dancer-health-tickets-1274121855769? Schedule

April 5, 2025: 11:00am

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