

Tuesday, September 5, 2017 - Tuesday, May 15, 2018

## Adv Limón Class at Peridance

Company: Limón Dance Company  
Venue: Peridance Capezio Center  
Location: New York, NY

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Advanced Limón class led by a faculty of current and former members of the Limón Dance Company and artists affiliated with the Limón aesthetic. Limón training provides an organic approach to movement that can serve dancers of various backgrounds, with an emphasis on the natural rhythms of fall and recovery, a conscious use of breath, and the interplay between weight and weightlessness.

Limón Dance Company  
126 E 13th St  
New York, NY, 10003  
212-777-3353  
[http://limon.org/training/open\\_classes/](http://limon.org/training/open_classes/)

Schedule  
September 5, 2017: 10:00am  
September 12, 2017: 10:00am  
September 19, 2017: 10:00am  
September 26, 2017: 10:00am  
October 3, 2017: 10:00am  
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