Tuesday, August 11, 2015 - Thursday, June 30, 2016

Advanced Beginner Ballet w. Kat Wildish

Company: Peridance
Venue: Peridance Capezio Center
Location: New York, NY

Kyle Forman

Visit http://www.peridance.com/openclasses.cfm for more details

or email hope@katwildish.com

~~Over three decades of teaching, Kat Wildish has developed a distinctive, systematic, and highly effective approach to dance education. In her beginner & intermediate technique classes, correct placement is the root of Kat's pedagogy. She gives a long barre and her entire syllabus is constructed to demand constant awareness of skeletal alignment, core strength, and proper weight distribution. Plus, she nags. The intricacy of her combinations ensures that students learn to pick up steps quickly and accurately, so they're ready for anything that another teacher—or an audition—might throw at them.
Kat's classes are sparked by humor, but her witticisms always have a purpose: She takes her students seriously, whatever their technical level, A broad spectrum of ages and body types are represented, and she attracts an unusually high proportion of men.
Wildish never forgets that ballet is a performing art. Her repertory workshops offer anybody—professionals to complete novices—the chance to rehearse and appear in stagings of classical ballets. She also teaches four-week pointe/variations classes, exploring the fundamentals of pointe work and coaching dancers in classical variations (e.g., Amor from Don Quixote; Sugar Plum Fairy from Nutcracker).
And finally, there is attitude: Wildish teaches more than technique; she cultivates a sense of individual presence. Her classes promote balance, focus, and grace as students move through class—and through life.
~~This is a great class for dancers aspiring to learn more about ballet and move from one level to the next. This class will build off the techniques and vocabulary used in beginning level classes, but will also push students toward greater accomplishments as a ballet dancer. Fundamentals will be reinforced, while adding new material to the class.

www.katwildish.com

Peridance
126 East 13th Street
New York, NY, 10003
http://katwildish.com/classes/page2.php

Schedule
September 27, 2014: 4:30pm