

September 26 - October 3, 2011

Alexander Technique and Dance Improvisation - Letting the Dance Dance You

Company: Emily Faulkner/Wind-Up Dances

Venue: Balance Arts Center

Location: New York, NY

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How can your innate body/mind intelligence put you in the zone where the dance dances you? Explore AT principles and apply them to improv. Trained and untrained dancers, experienced improvisers and novices all welcome. Drop-ins welcome. Email arodiger@balanceartscenter.com in advance.

Emily Faulkner/Wind-Up Dances

114 Fulton St., Suite 3

New York, NY, 10038

<http://emilyfaulkner.com>

Schedule

September 26, 2011: 7:00pm

October 3, 2011: 7:00pm

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