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Monday, August 26, 2019

August Eurythmy Circle

Company: hAmoves Eurythmy

Venue: Anthroposophy NYC

Location: New York, NY

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hAmoves Eurythmy

Let's explore ENERGY AND PEACE with conscious movement. Mindfully. In community. To relax the mind, soften the flow of breath through our bodies, invigorate our souls, nourish our hearts. Yes, be inspired to awaken your dreams, have fun, and explore uncharted dimensions of harmonious movement for conscious living.

Monday August 26 at 7 pm

Anthroposophy NYC

138 West 15th Street

(btwn 6th and 7th aves)

We'll move gentle harmonious exercises to live piano music and beautiful poetry.

Reserve your place at <http://ssi.hamoves.net/eurythmy-circles/>

hAmoves Eurythmy

138 West 15th Street

New York, NY, 10011

<http://ssi.hamoves.net/eurythmy-circles/>

Schedule

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