

April, 3-5, 2020

## BRINGING DANCE TO OLDER ADULTS AND PEOPLE WITH DEMENTIA

Company: 92Y Harkness Dance Center  
Venue: 92Y Harkness Dance Center  
Location: New York, NY

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### BRINGING DANCE TO OLDER ADULTS AND PEOPLE WITH DEMENTIA\*

Guest faculty Donna Newman-Bluestein, MEd, BC-DMT, CMA, LMHC

3 Sessions, 15 hours – \$325 until March 28 / \$350 After

Fri, Apr 3, 6:30pm - 9:30pm

Sat, Apr 4, 12:00pm - 6:00pm

Sun, Apr 5, 12:00pm - 6:00pm

Learn to engage, inspire and uplift older adults and people with dementia through dance and expressive movement.

This workshop, based on DMT teachings of pioneer Norma Canner, will present ways to structure groups sensitive to the needs and abilities of those present, to elicit self-expression, liveliness and increased socialization. Focusing on movement strengths, abilities and interactions in the present moment, the therapist creates a safe space that builds self-esteem.

MORE INFORMATION AND REGISTER HERE:

<https://www.92y.org/class/dance-adults-with-dementia>

*\*This course is fully approved by the ADTA for Alternate Route credit for R-DMT training. All Dance Therapy courses are eligible for CE hours. For further information about the ADTA, visit [adta.org](http://adta.org).*

92Y Harkness Dance Center  
1395 Lexington Avenue  
New York, NY, 10128  
212.415.5552

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#### Schedule

April 3, 2020: 6:30pm

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[< back](#)

[previous listing](#) • [next listing](#)