

January 7 - May 11, 2026

## Balance Arts Center's Training Programs Online & In Person Open House

Company: Balance Arts Center  
Venue: Balance Arts Center/Zoom  
Location: New York, NY

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Join the BAC's Online & In Person Open House! This 1 hour session gives you the opportunity to meet with Training Course Director Ann Rodiger, and learn about the training programs, their structure and curriculum, and the BAC's pedagogical point of view. Bring any questions you might have. We look forward to meeting you!

Training Programs Include:

Alexander Technique Teacher Training Program (1600 hour)

BAC's Visa Program (1600 hour)

Performing Artist Teacher Training Program (1600 hour)

Performing Arts Certificate (300 hour)

Free. Registration is required at [balanceartscenter.com/class](http://balanceartscenter.com/class). This open house takes place both on Zoom and in person at the Balance Arts Center.

Balance Arts Center  
151 W 30th St 3rd floor  
New York, NY, 10001  
646-812-5390  
<http://balanceartscenter.com/class>

Schedule  
January 7, 2026: 6:00pm  
February 9, 2026: 6:00pm  
March 9, 2026: 6:00pm  
April 6, 2026: 6:00pm  
May 11, 2026: 6:00pm

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