

## FOR AUDIENCES

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April 2 - May 28, 2020

### Ballet Lines for Circus with Kyla Ersnt-Alper

Company: The Muse Brooklyn

Venue: The Muse Brooklyn

Location: Brooklyn, ny

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#### Ballet Lines for Circus with Kyla



No more biscuit feet! No more micro-bends in the knees! No more claw hands!

In this 30-minute class we'll do targeted exercises to train beautiful and strong pointed feet, lengthened and super straight legs, and fluid and supple arms.

A theraband, a tennis or lacrosse ball, and a block are useful tools to have nearby.

Join here: <https://zoom.us/j/257420848>

Donations welcome via MindBody registration, Paypal ([themusebrooklyn@gmail.com](mailto:themusebrooklyn@gmail.com) - please send "to a friend") and Venmo (@TheMuseBrooklyn), just please don't forget to mention the name of the class and day!

The Muse Brooklyn  
<https://zoom.us/j/257420848>  
Brooklyn, ny, 11237

Schedule  
April 2, 2020: 12:00pm  
April 9, 2020: 12:00pm  
April 16, 2020: 12:00pm  
April 23, 2020: 12:00pm  
April 30, 2020: 12:00pm

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