Monday, September 28, 2020 - Monday, January 25, 2021

Ballet with Rasta Thomas

Company: Kinetic Kinship (Powered By Elisa Monte Dance)
Venue: Zoom
Location: New York, NY

Rasta Thomas teaches Ballet every Monday at 11AM!

Class Price: $13. $11 when you register 3 weeks out!

For more infrmation and Full Class Schedule: https://bit.ly/kinetickinship

Class Description:

"Rasta's 1 Hour Ballet Warm Up" is an in center class that will flow, groove and jam from plies to small jumps. Exercises will be challenging, fun and full of movements that explore your technique and passion. Class will be set to a wide variety of music so be ready to move.

Recommended ballet level: Strong Beginner+

Note: Class vocabulary may at times extend beyond classical ballet.

Teacher Bio: Rasta Thomas trained in martial arts and gymnastics before ballet. He became a professional dancer at age 13 and is the recipient of numerous awards, including Gold Medals from the 1996 Varna International Ballet Competition and the 1998 Jackson International Ballet Competition. During his career he has traveled to 50 countries and worked with over 25 professional dance companies including Dance Theater of Harlem and American Ballet Theater. After starring in Twyla Tharp's hit Broadway show "Movin Out", Rasta created his own dance company Bad Boys of Dance 2007. He later held the position of resident director at the Debbie Allen Dance Academy in Los Angeles and in 2019 was appointed the Artistic Lead for the International Association of Blacks in Dance. Today he continues to share his art as a dancer, director, producer, choreographer and teacher.

Kinetic Kinship (Powered By Elisa Monte Dance)
8 W 126th Street 3Fl
New York, NY, 10027
https://kinetickinshipddc.corsizio.com/?instructor=5f5d53a9707d5c70271e4183

Schedule
September 28, 2020: 11:00am
October 5, 2020: 11:00am
October 12, 2020: 11:00am
October 19, 2020: 11:00am
October 26, 2020: 11:00am
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