

OUR NEW YORK CITY DANCE

Friday, February 28, 2020

Barly Method Stretch

Company: The Barly Method Venue: Ripley Grier Location: New York , NY ► Share | Print | Download



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The Barly Method presents Barly Method Stretch!

I've been a contortionist for just about all my life, bending, twisting and extending in all different directions! I'm happy to have been able to share some great tips and tricks to getting others more flexibility! Come out Friday, February 28th, 2020 at 7pm for an hour and a half of pure stretching! LETS GET FLEXY!

Love,

Barly

The Barly Method 305 W 38th St New York , NY, 10018 http://Cash app: SicarIIIIy or Venmo: @Carlina-Baptista Schedule

February 28, 2020: 7:00pm

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