

April 12 - May 31, 2020

Begin Again Ballet with Deborah Lohse

Company: Dancewave
Venue: Dancewave - Online
Location: Brooklyn, NY

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Begin Again Ballet with Deborah Lohse - Dancewave Online Classes

Taught with humor and vivid imagery, Dancewave's Adult Ballet class focuses on building ballet technique in a light-hearted and imaginative atmosphere. Deborah Lohse, also a performing artist, creates a fun environment for adults of all levels to learn and strengthen their foundational ballet technique. Begin Again Ballet reorients adults who may have taken some time away from ballet and are excited to jump back in. This class moves through the traditional ballet structure of barre and center combinations into a final full-bodied movement phrase that encourages physicality, while developing improvisational and performance instincts. Some prior ballet knowledge and understanding of terminology is helpful.

About Dancewave's Online Weekly Adult Class Program:

Accessible for all bodies, abilities and skill levels, Dancewave's weekly online Adult dance and fitness classes are perfect for everyone from beginners to seasoned dancers looking to stay in shape. Our teaching artists are skilled creatives and choreographers who cultivate a personable, supportive and non-competitive community in class that you can depend on each week. Just \$10/drop-in.

Visit dancewave.org/adult-classes to register anytime. #dancemakeswaves

Dancewave
Online classes - accessible anywhere
Brooklyn, NY, 11217
718-522-4696
<http://dancewave.org/adult-classes>

Schedule
April 12, 2020: 10:00am
April 19, 2020: 10:00am
April 26, 2020: 10:00am
May 3, 2020: 10:00am
May 10, 2020: 10:00am
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