October 11 - December 27, 2017

Beginning Modern Workshop w/ Brian Lawson

Company: Mark Morris Dance Center
Venue: Mark Morris Dance Center
Location: Brooklyn, NY

Mark Morris Dance Group company member Brian Lawson leads this modern class ideal for beginners. Learn the rudimentary movements that are the foundation for classical modern dance. Students will focus on contractions, spirals, basic floor work, and elemental concepts of space, time and force. They will also build core strength and flexibility in a fun and encouraging environment.

Suggested attire:

- Comfortable clothing in which you can easily move
- Bare feet

Wednesdays 6:30 - 8:00pm

This class can be taken as drop-in, but absolute beginners are encouraged to start at the beginning of a 6-week workshop for progressive training from start to end.

Instructor: Brian Lawson

Mark Morris Dance Center
3 Lafayette Ave
Brooklyn, NY, 11217
718.624.8400
http://markmorrisdancegroup.org/dance-center/adult-classes/Workshops/Beg.-Modern-Workshop?utm_source=dancenyc&utm_medium=website

Schedule
October 11, 2017: 6:30pm
October 18, 2017: 6:30pm
October 25, 2017: 6:30pm
November 1, 2017: 6:30pm
November 8, 2017: 6:30pm
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