

September 14 - December 21, 2016

## Body, Mind and Image with K.J. Holmes

Company: Movement Research  
Venue: Gibney Dance  
Location: New York City, NY

► [Share](#) | [Print](#) | [Download](#)



Body, Mind and Image with K.J. Holmes

September 14 - December 21

WED 10am-12pm

MR@Gibney280

\$14

No class November 23

Classes will explore image work of Ideokinesis (Andre Bernard), The Thinking Body (Mabel Todd), Body-Mind Centering® (Bonnie Bainbridge Cohen) through movement improvisations, meditations, tracings and readings of philosophical/somatic/poetic writings to render qualities, textures, thought processes, movement analysis applicable to creative expression, performance, and healing modalities.

K.J. Holmes: Brooklyn based independent dance artist, actor, singer exploring improvisation/theater as process and performance; studied at School for Body-Mind Centering®; William Esper Studio /Terry Knickerbocker, Satya Yoga; teaches/performs throughout the world; faculty NYU/ETW, Juilliard; collaborators Simone Forti, Image Lab, Steve Paxton; private practice in Dynamic Alignment/Re-integration.

Movement Research  
280 Broadway  
New York City, NY, 10007  
\$14  
<https://movementresearch.org/calendar>

Schedule  
August 25, 2016: 8:00pm

[< back](#)

[previous listing](#) • [next listing](#)