

Wednesday, April 2, 2014

## Body Resonance Workshop

Company: Yumiko Yoshioka

Venue: Japan Society

Location: New York, NY

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Inspired by butoh, Noguchi Gymnastics, yoga and juken (Chinese martial arts), Yoshioka's Body Resonance workshop guides participants through a series of exercises that aim to release tensions and return our bodies to their core essence.

Yumiko Yoshioka  
333 East 47th St.  
New York, NY, 10017  
212-715-1258  
<http://www.japansociety.org/event/body-resonance-workshop-butoh-basics-with-yumiko-yoshioka-1>

Schedule  
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