

OUR NEW YORK CITY DANCE

April, 7-9, 2017

Body Ritual Movement with Diego Pinon

Company: Butoh Ritual Mexicano Venue: Odd Fellows Temple Art and Theater Space

Location: Saugerties, NY

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Rafael Del Rio, 2016

Body Ritual Movement

with Diego Piñón, Butoh Master Teacher.

Friday 7-10pm April 7 (\$45)

Sat. 12-6pm April 8 (\$75)

Sun 2-7pm April 9 (\$55)

All three days \$150

Odd Fellows Temple Art and Theater Space

220 Main Street, 3rd floor

Saugerties, NY 12477 (845) 246-5727

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Diego Piñón's innovative style of teaching and performance incorporates more than 35 years of research in Mexican energetic traditions, Japanese Butoh, ritual dance, modern dance and contemporary theatre coalescing his own approach to expression and creativity: BODY RITUAL MOVEMENT.

Performing and teaching throughout North America, Diego brings a profound spirit of exploration to the dancing body, using movement and symbol to strip away assumptions, social, cultural, and personal. Body Ritual Movement recovers the timeless power of the stage to create an experience of transformation, allowing performance to become offering.

Body Ritual Movement challenges our personal behaviors and inherited conventions, and reaches deeper, to rescue the lost parts of the human being.

To truly awaken the body is a physical, emotional, mental and spiritual process. The trainings consist of high-impact aerobic training, active meditation, and guided improvisation, all grounded in a space of communal ritual. The practice includes stretching, shaking, jumping, low-level groundwork, balancing, partnering, bioenergetics, breath expansion, and transpersonal communication. The integration of these techniques invites a new level of sensory awareness to emerge in each participant and in the group as a whole.

The workshops are open to dancers, performers, and artists of all kinds-- and to anyone at all who is interested in discovery through movement. This practice is hard to put words to, and powerful to experience!

http://butohritualmexicano.com

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Butoh Ritual Mexicano 220 Main St. 3rd Fl Saugerties, NY, 12477 917-669-1094

http://butohritualmexicano.com/event/brm-saugerties-ny/

Schedule April 7, 2017: 7:00pm April 8, 2017: 12:00pm April 9, 2017: 2:00pm

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