

October 12 - December 21, 2020

## BodyStories: Teresa Fellion Dance Weekly Virtual Dance Classes Fall 2020

Company: BodyStories: Teresa Fellion Dance  
Location: New York, NY

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NYC Dancers & Beyond! We are thrilled to announce our launch of weekly professional, pre-professional, and youth virtual dance classes for the Fall 2020 Semester.

Date: Youth Classes- Begin October 12th, every Monday 3:00-4:30pm EST

Pre-professional/Professional Classes- Begin October 14th every Wednesday 12:00-2:00pm EST for contemporary technique and every Thursday from 12:00-2:00pm EST for composition. We may be able to offer some additional days and times. Contact us to submit scheduling requests for alternative class times.

Our youth classes include movement from BodyStories' dance curriculum, incorporating different styles and techniques such as contemporary, jazz, ballet, choreography, improvisation, hip-hop, tap, Central and West African, salsa, swing, and more. We have classes geared towards all levels, ages 4 and up, including 4-5yrs, 6-9yrs, 10-13yrs, 14-17yrs.

This Fall series will continue to further BodyStories' Mission of unleashing creativity and empowerment in dancers and developing a deeper understanding of the relationship between art and activism. Dancers will explore and rediscover joy in their movement in a comprehensive class transitioning from a yoga-flow like warm up, into modern and contemporary technique, and ending in extensive phrase work with some improvisational elements. These classes will provide us the opportunity to brush up on our foundations, while challenging our minds and bodies to approach movement from a unique and sometimes unfamiliar lens. Our composition classes will help build choreographic and improvisational skills by partnering movement, music, and text, as well as investigating the relationship between dance and social justice. You won't want to miss out on this opportunity, come dance with us!

Suggested donations for youth & adult classes are \$10 or \$15 dollars.

Please do not hesitate to reach out for any financial assistance or scholarship needed. We are completely open to meeting all participants where they are financially during this time.

\*All classes will be held on Zoom\*

Register TODAY [education@bodystoriesfellion.org](mailto:education@bodystoriesfellion.org)

BodyStories: Teresa Fellion Dance  
139 Payson Ave  
New York, NY, 10034

Schedule  
October 12, 2020: 3:30pm  
October 14, 2020: 12:00pm  
October 15, 2020: 12:00pm  
October 19, 2020: 3:30pm  
October 21, 2020: 12:00pm  
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