

OUR NEW YORK CITY DANCE

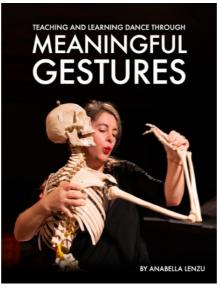
Saturday, May 10, 2025

Book Launch, Reading & Performance: Teaching and Learning Dance Through Meaningful Gestures by Anabella Lenzu

Company: Anabella Lenzu/DanceDrama Venue: Community Arts Space at LA MAMA

Location: New York, NY

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Book Launch, Reading & Performance: Teaching and Learning Dance Through Meaningful Gestures by Anabella Lenzu

Saturday, May 10, 2025 at 4pm

at Community Arts Space at LA MAMA 74A East 4th Street New York, NY 10003

Tickets: FREE Admission

https://www.lamama.org/teaching-and-learning-dance-through-meaningful-gestures/

Anabella will be reading passages from her NEW book Teaching and Learning Dance Through Meaningful Gestures, show short dance videos from the ALDD repertory, and have a Q&A session.

Teaching and Learning Dance Through Meaningful Gestures is the fruition of Anabella's 35 years as a dance teacher, scholar, and pedagogue across 3 continents.

Teaching and Learning Dance Through Meaningful Gestures explores how technique is a philosophy and a theory, and how the body is an instrument for expression.

As a 200-page book containing 250 images and 50 illustrations, Teaching and Learning Dance Through Meaningful Gestures is exceptional in its scope and hopes to inspire and enlighten dancers, dance educators, and the arts community alike.

https://www.anabellalenzu.com/meaningful-gestures

Anabella Lenzu/DanceDrama 74A East 4th Street . New York, NY, 10003 6786343162

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