

Thursday, November 5, 2015

CLASS WITH Justin Cabrillos

Company: Chez Bushwick Studio

Venue: Chez Bushwick

Location: Brooklyn, NY

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In this class you will practice presence and breathing to prepare the body to construct physical and energetic landscapes. You will use memory, breath, and meditation to generate and discover familiar and unexpected states through which the body can move and vibrate in multidimensional ways.

This class is open to all who want to share a space of attentiveness.

Justin Cabrillos is performing as part of Chez Bushwick's upcoming 2Night show curated by Alex Romania.

304, Boerum Street – Studio Buzzer #11

Suggested donation \$10 [at the studio, cash or check]

For more information please contact Kelsey at studio@chezbushwick.net

Chez Bushwick Studio
304, Boerum Street
Brooklyn, NY, 11206
(718) 418-4405
<http://chezbushwick.net/classes-workshops/>

Schedule
November 5, 2015: 7:00pm

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