

Sunday, October 20, 2024 - Sunday, January 26, 2025

## Capoeira Angola Classes with Mestre Joao Grande in New York

Company: Capoeira Angola Center of Mestre João Grande  
Venue: Dance Space of Washington Heights  
Location: New York, NY

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Capoeira Angola Center of Mestre João Grande

Capoeira Angola Center of Mestre João Grande

Sunday, September 29, 2024

?Time: 12:15 PM - 4:30 PM

\$20 for Class

\$10 for Roda

Class and Roda!

? Location: Dance Space of Washington Heights, 350 Fort Washington Ave, New York, NY 10033

<https://maps.app.goo.gl/GWEr2xQoz7ooqvje9>

Learn from a Legend: Mestre João Grande, a Grand Master with over 50 years of experience, will lead the class. His accolades include a Doctorate of Humane Letters and the National Heritage Fellowship, making him one of the most revered figures in Capoeira today. This is your opportunity to gain insights and immerse yourself to learn directly from Mestre João Grande.

Engage in Authentic Practice: This open class and rodinha (small circle) will connect you with the essence of Capoeira Angola. Feel the pulse of traditional instruments, engage in dynamic play, and experience the art's profound blend of martial prowess and playful spirit.

For All Levels: Whether you're a seasoned capoeirista or new to the art, this session welcomes everyone.

Discover a Rich Tradition: Capoeira Angola is not just a martial art; it's a historical movement of freedom and cultural pride. Originating in Africa and brought to Brazil, it was a hidden weapon against enslavement. Experience firsthand how its fluid, dance-like movements and powerful techniques were crafted as a symbol of resistance.

Connect with Community: Join a vibrant community of capoeira enthusiasts and experience the communal spirit that is at the heart of this art form.

What to Bring:

Indoor shoes  
Long pants  
Shirts with sleeves  
Your axé (energy and good spirit)

Don't miss this exceptional chance to train with a living legend and celebrate a martial art that shaped history.

See you there!

Contact us for more information.  
E-mail us at: [info@joaogrande.org](mailto:info@joaogrande.org)

350 Fort Washington Ave, New York, NY 10033  
New York, NY, 10033

October 20, 2024: 12:15pm  
October 27, 2024: 12:15pm  
November 3, 2024: 12:15pm  
November 10, 2024: 12:15pm  
November 17, 2024: 12:15pm  
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