

Wednesday, June 2, 2010

Chi Kung with Daria Fain

Company: CRS (Center for Remembering & Sharing)
 Venue: CRS (Center for Remembering & Sharing)
 Location: New York, NY

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The class offers the basics of Taoist practices. It is conceived to strengthen the inner structure of the body and develop the ability to transform stress into vitality. Instructor Daria FaÃn is an acclaimed New York choreographer originally from Antibes, France.

CRS (Center for Remembering & Sharing)
 123 4th Ave, 2nd FL
 New York, NY, 10003
<http://clients.mindbodyonline.com/ws.asp?studioid=9493&stype=-7&sTG=22&sVT=27&sT...>

Schedule
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