

November 13 - December 11, 2020

Classic Modern Zoom Classes

Company: Moving Visions
 Venue: Zoom.us
 Location: NYC, NY

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Melanie Futurian

Classic Modern Dance with Loretta Thomas, is based on the technique of Isadora Duncan; infused with more contemporary dance knowledge. Monday's class is Adv. Beg/Int. level. Thursday's class is Int/Adv level dancers. Focus is on the use of breath to articulate the expansion and release of the body, stability in the hips to support greater freedom of movement in the upper body and using gravity to create a dynamic and weighted approach to locomotion. This healthy approach to dance can be carried over to other dance forms, enhancing and deepening the knowledge of movement.

Please contact lthomasdancedance@aol.com for Zoom link. Payment on Venmo @movingvisions

Moving Visions
 67 Murray St #3
 NYC, NY, 10007
 646.799.8703

Schedule
 November 13, 2020: 8:00pm
 November 20, 2020: 8:00pm
 November 27, 2020: 8:00pm
 December 4, 2020: 8:00pm
 December 11, 2020: 8:00pm

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