

November, 7-28, 2018

Contact Improvisation

Company: Movement Research
Venue: MR@Eden's Expressway
Location: New York, NY

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Photo by Daim Lee

[Contact Improvisation](#)

November 7 - November 28

WED 6:30-8:30pm

MR@Eden's Expressway

Contact Improvisation, initiated by dancer Steve Paxton in 1972, is a partnering dance form that plays with the physics between bodies and gravity. Skills such as rolling, releasing, giving and supporting weight, expanding range of spatial concentration, lifting, catching and falling all help one move with and through gravity, share weight in motion, and use momentum and flow in physical contact. These weekly classes, open to people of all levels of movement experience, are informed by the individual artist faculty.

See the [full calendar](#) for up to date class listings.

Movement Research
537 Broadway 4th Floor
New York, NY, 10012
2125980551

Schedule
November 7, 2018: 6:30pm
November 14, 2018: 6:30pm
November 21, 2018: 6:30pm
November 28, 2018: 6:30pm

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