

November, 7-28, 2018

## Contact Improvisation

Company: Movement Research  
Venue: MR@Eden's Expressway  
Location: New York, NY

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Photo by Daim Lee

### [Contact Improvisation](#)

November 7 - November 28

WED 6:30-8:30pm

MR@Eden's Expressway

Contact Improvisation, initiated by dancer Steve Paxton in 1972, is a partnering dance form that plays with the physics between bodies and gravity. Skills such as rolling, releasing, giving and supporting weight, expanding range of spatial concentration, lifting, catching and falling all help one move with and through gravity, share weight in motion, and use momentum and flow in physical contact. These weekly classes, open to people of all levels of movement experience, are informed by the individual artist faculty.

See the [full calendar](#) for up to date class listings.

Movement Research  
537 Broadway 4th Floor  
New York, NY, 10012  
2125980551

#### Schedule

November 7, 2018: 6:30pm  
November 14, 2018: 6:30pm  
November 21, 2018: 6:30pm  
November 28, 2018: 6:30pm

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