

April, 2-30, 2014

Contact Improvisation with K.J. Holmes

Company: Movement Research

Venue: Movement Research at Eden's Expressway

Location: New York, NY

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Contact Improvisation is a partnering dance form. Skills such as rolling, releasing, giving and supporting weight, expanding range of spatial concentration, lifting, catching and falling all help one move with and through gravity, share weight in motion, and use momentum and flow in physical contact

Movement Research

537 Broadway, 4th Floor

New York, NY, 10012

<http://movementresearch.org/classesworkshops/classdescriptions/#cw985>

Schedule

April 2, 2014: 6:00pm

April 9, 2014: 6:00pm

April 16, 2014: 6:00pm

April 23, 2014: 6:00pm

April 30, 2014: 6:00pm

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