

## OUR NEW YORK CITY DANCE

January 8 - December 11, 2011

## Contact Improvistation

Company: Movement Research Venue: Movement Research at Eden's Expressway ► <u>Share</u> | <u>Print</u> | <u>Download</u>

Contact Improvisation is a partnering dance form. Skills such as rolling, releasing, giving and supporting weight, expanding range of spatial concentration, lifting, catching and falling help one move with and through gravity, share weight in motion and use momentum and flow in physical contact.

Movement Research Schedule

January 8, 2011: 6:15pm January 15, 2011: 6:15pm January 22, 2011: 6:15pm January 29, 2011: 6:15pm February 5, 2011: 6:15pm

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