

January 8 - December 11, 2011

## Contact Improvisation

Company: Movement Research

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Venue: Movement Research at Eden's Expressway

Contact Improvisation is a partnering dance form. Skills such as rolling, releasing, giving and supporting weight, expanding range of spatial concentration, lifting, catching and falling help one move with and through gravity, share weight in motion and use momentum and flow in physical contact.

Movement Research

Schedule

January 8, 2011: 6:15pm

January 15, 2011: 6:15pm

January 22, 2011: 6:15pm

January 29, 2011: 6:15pm

February 5, 2011: 6:15pm

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