Thursday, October 10, 2019

Corporal Creation Tools for Contemporary Expression with Lourdes Luna

Company: Cressida Danza Contemporanea
Venue: 34-01
Location: Queens, NY

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Lourdes Luna, teacher, choreographer, and director of Cressida Danza Contemporanea from Merida, Yucatán Presents Corporal Creation Tools for Contemporary Expression. This class is open to actors, dancers, performers, teachers, and choreographers. All levels are welcome!

This workshop will provide you with the following tools to develop the voice of your own body.

· Intense spatial awareness work

· Creation of body volume

· Improvisation exercises to develop a choreographic language

· Sensitive development of group work

· Development of exercises focused on the displacement and awareness of the use of the body on the floor

Cressida Danza Contemporanea
Steinway St
Queens, NY, 11101
(212) 398-5901
https://lpac.nyc/workshops/2019/10/10/crssida-contemporary-dance-workshop

Schedule
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