March, 1-31, 2023

Cross Train with ChaiseFitness!

Company: ChaiseFitness
Venue: ChaiseFitness
Location: New York, NY

Calling all performers!

Take advantage of our new Performance Artist Class Rate we are offering. Our co-founder Rachel Piskin is a former New York City Ballet dancer and wants to help support the dance community by offering this special rate for dancers to crosstrain with us - building strong lean muscles, supplementing their dance training.
The rate is $18 per class and applies to any of the classes listed below!Email us to book with this special rate - ues@chaisefitness.com (Performance Artist Class rate not available to purchase/book online).
Performance Artist Class Availability:

Wednesdays 10:25am BandSculpt
Thursdays 10:25am BandSculpt
Fridays 10:25am BandSculpt
Saturdays 9:00am BandSculpt
Saturdays 10:00am BandSculpt

Feel free to share this info with your personal artist community!

ChaiseFitness
1204 Lexington Avenue
New York, NY, 10028
(212) 744-6100
http://www.chaisefitness.com

Schedule
March 1, 2023: 10:25am
March 2, 2023: 10:25am
March 3, 2023: 10:25am
March 8, 2023: 10:25am
March 9, 2023: 10:25am
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