

OUR NEW YORK CITY DANCE

March, 1-31, 2023

Cross Train with ChaiseFitness!

Company: ChaiseFitness Venue: ChaiseFitness Location: New York, NY ► Share | Print | Download

Calling all performers!

Take advantage of our new Performance Artist Class Rate we are offering. Our co-founder Rachel Piskin is a former New York City Ballet dancer and wants to help support the dance community by offering this special rate for dancers to crosstrain with us - building strong lean muscles, supplementing their dance training.

The rate is \$18 per class and applies to any of the classes listed below! Email us to book with this special rate -ues@chaisefitness.com (Performance Artist Class rate not available to purchase/book online).

Performance Artist Class Availability:

Wednesdays 10:25am BandSculpt Thursdays 10:25am BandSculpt Fridays 10:25am BandSculpt Saturdays 9:00am BandSculpt Saturdays 10:00am BandSculpt

Feel free to share this info with your personal artist community!

ChaiseFitness 1204 Lexington Avenue New York, NY, 10028 (212) 744-6100 http://www.chaisefitness.com Schedule March 1, 2023: 10:25am March 2, 2023: 10:25am March 3, 2023: 10:25am March 8, 2023: 10:25am March 9, 2023: 10:25am March 9, 2023: 10:25am

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