Wednesday, October 11, 2017 - Wednesday, October 5, 2022

# Cuban Salsa Classes

Company: Fuákata - Cuban Salsa New York
Venue: Adelante Studios
Location: New York, NY

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Fuákata - Cuban Salsa New York

Have you ever tried Salsa? How about CUBAN salsa? Now is your chance to learn this exciting and fun dance! Every Wednesday, we offer a Cuban-style Salsa TOTAL BEGINNER introduction class! Having a partner is not required as we constantly rotate during the lesson. This format gives you the opportunity to practice your steps with various partners and prepares you for the social dance scene in a safe and pressure-free environment!

The teachers, a male and female, teach multiple, progressive levels of Cuban Salsa Partner work, also known as Casino and Rueda de Casino - an interactive group dance where there are constant partner exchanges with fun patterns executed in unison!

Schedule:

Wednesdays:

7:00-8:30pm Beginner Cuban Salsa & Rueda de Casino - Level 1

This class is for absolute beginners with little to no dance experience and will allow you to develop a strong foundation in Cuban Salsa in an extremely fun, stress-free atmosphere. In each 90-minute class of the four week series, students focus on developing dance fundamentals including rhythm, coordination, balance, and the specific technical aspects of Cuban Salsa, including basic steps and turn patterns, partnering technique, and the fundamental motions of Casino and Rueda de Casino. Students will also learn social dancing etiquette, floorcraft, and partner safety in an extremely warm, relaxed, social and fun environment. If you can walk, you can do this, so let your friends with two left feet know!

All classes are taught by both a male, Chris, and female, Nayelli, so women can easily follow another woman while men are following a man at the same time! They have over 18-years of training, teaching, performing, and traveling to Cuba to collaborate with the very best in the Salsa world. Feel free to contact them if you have any questions or would like additional info.

Chris: Chris@CubanSalsaNewYork.com / 908.601.3415

For those with previous experience dancing Casino, we offer a Level 2/Intermediate class immediately following Level 1 on Wednesdays at 8:30pm.

Intermediate - Level 2

Wednesdays:

8:30 - 10:00pm Intermediate Cuban Salsa & Rueda de Casino - Level 2

This progressive, 90-min class is geared for those that have danced Cuban Salsa and/or Rueda before and allows you to further solidify, fine-tune, and expand upon the basics covered in Level 1. Here is your opportunity to refresh all of the beginning motions at a pace that is comfortable for you while further building a solid foundation in this exciting, interactive, and fun dance. This high-energy class focuses on combinations, leading and following technique, group moves, styling, body motion, and fun salsa suelta footwork. By the end of the 8-week sequence, you will have all the tools necessary to get out on the dance floor and be fun, fluid, and spontaneous with everything you've learned. *For those that register for Level 2, Level 1 is included as extra practice, free of charge, in your monthly package.*

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We also offer classes at the advanced level on Tuesdays at Adelante Studios. Here's the info -

7:00 - 8:30pm Intermediate-transition-to-Advanced Cuban Salsa & Rueda de Casino - Level 3

This progressive series serves as a bridge class for intermediate dancers who have already completed Level 2 and are ready to step up their game. The focus is on technique, as we will provide you with insights on what advanced dancers are constantly attending to while engaging with their partner. Each 90-minute session is broken down into 3 parts - Suelta (Footwork & Movement), Casino (One-on-One Partnering), and Rueda - all danced to rhythmically dense Timba. By the end of this 8-week series, you will be equipped with all the necessary tools to make a seamless transition into the advanced level. *For those that register for Level 3, Levels 1 & 2 are included as extra practice, free of charge, in your monthly package.*

Location:
Adelante Studios
25 West 31st Street b/t Broadway & 5th Avenue
2nd Floor - Grand Ballroom (3,000 sq ft of dance floor)

Nearby Subways: 34th St Station on B, D, F, M, N, Q, R, & PATH trains.
*Can't find us? Call 908-601-3415 and we'll point you in the right direction.

Pricing:
$20 Drop-In or $65 for a month package (4 classes/6 hours total)
*Free unlimited access to all classes under the level for which you are currently registered*
Cash, Check, Credit Card & Payment via Venmo are Accepted

Feel free to contact us if you have any questions or would like additional info. We look forward to meeting you and dancing!

Con Cariño,
Nayelli, Ryan, Evelyn, Nikki, Chris & Fuákata - Cuban Salsa NY
908-601-3415
www.facebook.com/Fuakata
www.meetup.com/Cuban-Salsa-New-York

Fuákata - Cuban Salsa New York
25 W31st Street Floor 2
New York, NY, 10001
908-601-3415

Schedule
October 11, 2017: 7:00pm
October 18, 2017: 7:00pm
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