

Sunday, March 2, 2025

DIDIDADA: A Movement Practice with Coco Villa

Company: Coco Villa

Venue: Chez Bushwick (Jonah Bokaer Arts Foundation)

Location: Brooklyn, NY

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About DIDIDADA

[DIDIDADA](#) is a guided dance improvisation practice facilitated by Coco Villa. This class prioritizes accessibility and playfulness to uplift body, mind and spirit through a variety of hyper warm ups, routines, and prompts. It is about catharsis, sweating, getting back into our bodies, and simply dancing for the joy of moving.

Instruction is inspired by elementary school PE activities, modern dance, Caribbean dance styles, dance fitness, somatic movement practices, and self proclaimed rituals. DIDIDADA's instruction inspires pace and shapes, as we focus on continuity of motion throughout the hour. Some call it a brain break. Some call it a waking up game. Some call it a dance class. There is no choreography or right way, just a fun way. DIDIDADA is open to all levels.

COST

\$15-\$25

TIME

12:30 PM to 1:30 PM

*** Doors will be locked at 12:40 ***

LOCATION

Chez Bushwick (Jonah Bokaer Arts Foundation)

RSVP is required. Please [sign up here](#).

Follow Coco Villa // DIDIDADA on [IG](#) or sign up for our [newsletter](#) for upcoming classes and performances.

Coco Villa
304 Boerum St #23
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https://docs.google.com/forms/d/e/1FAIpQLScwjycEK0uMjvrD0mk_o2ehwQDKaRAKaD7SE4z4H7akdiad1lg/viewform?usp=dialog

Schedule
March 2, 2025: 12:30pm

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