

May 30 - June 6, 2020

## DTH Free Live Open Class: Umfundalai African Dance

Company: Dance Theatre of Harlem

Venue: YouTube

Location: New York, NY

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Come together and dance!

Take our Umfundalai African Dance open class, on Saturday, May 30th and June 6th at 6:30-7:15 pm taught by Dance Theatre of Harlem School Instructor Erin Bryce Holmes M.S., LCAT, BC-DMT live on our [Youtube channel](#)!

Welcome to Umfundalai (ma-foon-da-la), a Kiswahili word meaning, "essential". This contemporary Pan-African dance technique draws from movements and traditions of the African Diaspora. The technique espouses a holistic view of the body and the arts including theater, drumming, song, masquerade and vocalization. The codified technique of Umfundalai stands on the shoulders of the Katherine Dunham and Pearl Primus techniques, it is great cardio and history all in one class!

You don't want to miss it! Subscribe to our [Youtube channel](#) and tap the notification bell to be notified when we upload new videos!

Learn more about [DTH On Demand!](#)

Dance Theatre of Harlem  
Dance Theatre of Harlem  
New York, NY, 10031

Schedule  
May 30, 2020: 6:30pm  
June 6, 2020: 6:30pm

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