

September, 5-26, 2020

## Dance Composition/ Choreography Workshop

Company: Anabella Lenzu/DanceDrama  
Venue: ZOOM  
Location: Brooklyn, NY

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### SEPTEMBER 2020 ONLINE MENTORSHIP PROGRAM

FACULTY: ANABELLA LENZU

I am very pleased to offer this mentorship opportunity and share my 30 years of experience and knowledge as a teacher, choreographer, and dancer.

Besides your personal growth, this will be a unique opportunity to connect with other international artists working with deep intensity and strong vision.

With Love and Gratitude, Anabella

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Dance Composition/ Choreography Workshop

Saturdays, September 5, 12, 19 & 26

11-2pm (EDT) NYC Time.

12pm-3pm Argentina & Brazil

5pm-8pm European Countries- CEST

This workshop will give you the tools to create your own original dances, exploring the elements of composition, both for the stage as well as for dance films. We will examine the creative process by learning how to take risks, transition from thinking to feeling to making artistic choices. Through short in-class assignments and extensive work outside of class, students will investigate both form and content in choreography. Participants will create and perform solo studies based on choreographic problems. We look not only at what you dance but also ask the question "Why do you dance?" Dance is the expressive medium of our heart, mind, and soul.

#### Course Objectives

- \*To understand choreographic elements and design.
- \*To utilize movement exploration and improvisation to develop movement vocabulary.
- \*To develop subject matter.
- \*To identify choreographic forms.
- \*To recognize choreographic styles.
- \*To develop the skill to critically and articulately analyze a dance with an objective eye.
- \*To learn how to give feedback, appreciate, and respect each other's creative process.
- \*To develop the skills of critical thinking.
- \*To give you confidence in understanding what you are seeing.
- \*To help develop a sense of your own aesthetic tastes.

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ALL CLASSES VIA ZOOM.

I WILL PROVIDE INDIVIDUAL ATTENTION, FEEDBACK, AND GUIDANCE FOR EACH INDIVIDUAL, WHICH IS WHY ALL PARTICIPANTS NEED TO BE PRE-REGISTERED. NO SINGLE CLASSES ARE ALLOWED. EACH PARTICIPANT NEEDS TO REGISTER FOR THE ENTIRE LENGTH OF THE COURSE, SO I WILL BE ABLE TO DEDICATE MYSELF INTENSIVELY TO THE PROGRESS OF EACH ARTIST. THEORETICAL MATERIAL IS INCLUDED.

CLASS SIZE IS LIMITED TO 10 STUDENTS PER WORKSHOP.

TO APPLY: PLEASE SEND A COVER LETTER EXPLAINING WHY YOU ARE INTERESTED IN PARTICIPATING AND YOUR RESUME TO \*\*INFO@ANABELLALENZU.COM BY August 29, 2020. PLEASE DESIGNATE WHAT WORKSHOP YOU ARE INTERESTED IN.

NOTE: AT THE END OF EACH WORKSHOP YOU WILL RECEIVE A CERTIFICATE OF COMPLETION.

Anabella Lenzu/DanceDrama

Brooklyn, NY, 11211

<https://www.anabellalenzu.com/workshops>

#### Schedule

September 5, 2020: 11:00am

September 12, 2020: 11:00am

September 19, 2020: 11:00am

September 26, 2020: 11:00am

